



# SSIB *Intake*

Society for the Study of Ingestive Behavior Newsletter

VOL. XXVI NO. 2

## President's Message

I am very excited about our 25th annual SSIB meeting to be held July 18th – 22nd in Montreal, Quebec, the cultural capital of Canada! As most of you know, the site of our meeting and our banquet is Le Centre Sheraton, a lovely hotel located in downtown Montreal. We have received a large number of abstracts, which is great news. Track 1 and Track 2 are about equally represented and Dana Small (Program Committee Chair), Scott Kanoski (Track 1 Chair) and Alain Dagher (Track 2 Chair) have been working exceedingly hard with their committee members to put together a rich and interesting list of symposia and oral sessions, as well as an exciting list of Mars Keynote Lectures. I thank them all for their tremendous effort! The program overview is shaping up nicely and is available on the SSIB website. If you have not yet registered for the meeting, please go to the website ([ssib.org](http://ssib.org)) and sign up soon.



**Patricia Sue Grigson, PhD**  
*President, SSIB*

It is my great pleasure to announce the winners of the Distinguished Career Award (DCA), which honors a senior investigator who has retired from their academic position and who has made substantial contributions to our understanding of ingestive behaviour; the Alan N. Epstein Award, which honors an individual who is within 15 years of their highest degree and has made a specific discovery that has advanced the understanding of ingestive behaviour; and the Hoebel Prize for Creativity, which honors a SSIB member for their exceptional level of creativity and excellence in their research on ingestive behavior. This year's outstanding awardees are Tony Sclafani (the DCA), Leonard Epstein (the Hoebel Award), and Tanja Kral (the Alan N. Epstein Award). My congratulations to them all! Please plan to attend the awards session to hear from each of these esteemed award recipients and to congratulate them on their work.

Very importantly, the Awards Committee, led by President-Elect, Bob Ritter, and including Past-Presidents Higgs, Levin, Lutz, Rinaman, and Watts, also selected 15 graduate students and postdoctoral scholars to receive New Investigator Travel Awards (NITA), including the named George Collier and Randall Sakai NITAs. All of the NITA award winners will present their research in oral presentations during the conference,

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## From the Editor

The 25th Annual Meeting of the Society for the Study of Ingestive Behavior is fast approaching. The first SSIB Newsletter, SSIBlings, reported on the proceedings from an early SSIB meeting held in conjunction with the Eastern Psychological Association in Buffalo, NY, in April, 1987. That first newsletter was published in September 1987. If you haven't gone back in time via the SSIB Newsletters, you should take some time to do that. The link can be found here: <http://www.ssib.org/web/resources-newsletters.php> and all members have access to SSIB Intake publications through their membership accounts. For those of you who were there at the beginning, it is a trip down memory lane. For those of you who are newer to the society, it is an excellent perspective on how this organization developed from a shared passion about feeding behavior research.



**Alicia Doerflinger, PhD**  
*Editor, SSIB Intake*

Combing through older newsletters has given me some ideas of the kinds of information we could share with one another through this publication. If you would like to share information about "Comings and Goings," please send me your information about the position you are leaving and the new position you are taking. This is also a good place to share information about the retirements and passing of people

who have been involved in the field and in the society. If you would like to honor someone's career or share an In Memorium with the members of SSIB, please contribute to the Newsletter. This is also an excellent place to share developments in your research program, job openings in your labs, and recent publications. You can send me materials for publication at [ad001@marietta.edu](mailto:ad001@marietta.edu).

Best,  
Ali Doerflinger

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## Membership Committee

### Recruit a new member today and discount your dues.

The SSIB will continue to offer a 50% reduction of your membership dues if you recruit a new Regular member this year (limit of one member per year). Contact the SSIB administrative office ([ssib@ssib.org](mailto:ssib@ssib.org)) with the name of your recruited new member and your discount will be applied the next time you renew your membership.

### Encourage lab members to join.

Are all of your students and postdocs members of SSIB? If not, please encourage them to join the Society and benefit from the following:

- Reduced registration for the Annual Meeting
- Eligibility for New Investigator Travel Awards and other SSIB awards
- Involvement in the Society through participation in the Board and other committees
- Access to members only areas of the website, which includes job postings and the membership directory



**Derek Daniels, PhD**  
*SSIB Secretary and  
Membership Committee Chair*

## SSIB Historian



From our newly named and official SSIB historian, Dr. Ellen Ladenheim:

Dear SSIB Members:

Don't forget about the SSIB genealogy website "SSIBlings," started in 2011 and named by Ralph Norgren (who, records show, was awarded a bottle of wine for the winning submission). The website not only is cleverly

named, it is cleverly decorated by a logo long ago provided by Derek Daniels (It is not clear if Derek was awarded anything for this attractive logo). To get to the page go to <http://academictree.org/ssib/>

Feel free to add people or invite others to do it themselves. If you are currently listed in Neurotree, you can log into the Neurotree website and cross-list your existing entries into SSIBlings. To do that you need to go to a person's information page (click on "Info" in parentheses next to the person's name) and choose "SSIBlings" from the dropdown menu next to "Cross-listed". Please be careful with this so you don't accidentally list people in the wrong tree.

There is a FAQ page to get you started. It is pretty straightforward, however if you make a mistake and don't know how to correct it, please let me know so we don't keep perpetuating incorrect information on the website.

Thanks and have fun!

Ellen Ladenheim  
[laden@jhmi.edu](mailto:laden@jhmi.edu)



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### Society for the Study of Ingestive Behavior Newsletter

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SSIB Intake is published biannually by the Society for the Study of Ingestive Behavior. SSIB members receive Intake as a benefit of membership.

SSIB Intake welcomes letters to the editor. All material submitted for consideration is subject to editing and condensation. Advertising rates are available from the SSIB central office.

SSIB Intake is the official newsletter of the Society for the Study of Ingestive Behavior.

## President's Message (continued)

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and will be recognized individually during the Saturday evening banquet. This year, we have been able to give the same number of NITAs as last, due to the remarkable generosity of our membership and sponsors.

My sincere thanks to all of you who contributed. That said, it is not too late to donate. Information is available on the SSIB website outlining the many ways members can help us to develop the best scientific program for the Annual Meeting and support events for early career researchers to ensure that SSIB remains vital and that it maintains its educational mission.

This year we hope to raise a special toast at the banquet to celebrate the 25th anniversary of our scientific meeting and we hope to hear a few words from those who were there at the beginning! Importantly, we also have received very generous donations from our corporate sponsors and exhibitors this year. We have secured the support of a number of long-time friends of SSIB and some new sponsors. We are very grateful for the support provided by all of our corporate donors, as listed in this Newsletter and on the website.

The Ingestive Classics continue to grow with the addition of a commentary in September, 2016 by David Levitsky on the paper by Gordon C. Kennedy entitled "The role of Depot Fat in the Hypothalamic Control of Food Intake in the Rat" and a second commentary by TaShauna Goldsby, Cynthia Kroger, and David Allison in January, 2017 on the paper by Stanley Schachter entitled "Obesity and Eating" (<http://www.ssib.org/web/classics.php>). As you know, Barry Levin and Nori Geary initiated the "Ingestive Classics" series to publicise seminal papers in our field. With additional assistance from Suzanne Higgs, 16 ground-breaking papers now have been posted on the SSIB website along with insightful commentaries written by eminent members of SSIB. This has been an important development for SSIB and I urge you to check out all of the commentaries and to contribute to this critical work going forward! We also added a History link to the SSIB website with the outstanding publication by Harry Kissileff and Ellen Ladenheim entitled "The Evolution of the Society for the Study of Ingestive Behavior" and Ellen Ladenheim has been named our official SSIB historian, as now indicated on the website under SSIB Committees. In this role, she is working on a booth (possibly a movie!) to celebrate the history of SSIB at our upcoming 25th Annual Meeting. Thank you, Ellen, for doing this very important work for the society!

Overall, SSIB is flourishing! We have another outstanding meeting to look forward to this summer and a committed and enthusiastic membership that is dedicated to nurturing the ingestive scientists of tomorrow. Our membership is around 393 in total (including 143 post-doc and student members), but of course we welcome new members so please pass on the word about SSIB to colleagues you think would be interested in getting involved. The SSIB also is an integral part of the larger scientific community. As such, members of the SSIB have been asked to help to shape the NIH-wide strategic plan for nutrition research via the NIH Crowdsourcing Website (see link on the SSIB site) and Dr. Christopher Lynch, the Director of the new Office of Nutrition Research at the NIH, will attend our upcoming meeting in Montreal. This is critical to the future of our research, so be sure to take the opportunity to link to the Crowdsourcing website to make your thoughts known. Finally, I must say that it has been a great honor for me to have the opportunity to contribute to the ongoing success of our Society. I would like to thank the SSIB board members, elected officers, and committee members for their dedication to SSIB and for all of the support and advice provided over the past year. I also am grateful to SPLtrak for their valued service in supporting SSIB and in helping to see our vision executed. Finally, I would like to thank Alicia Doerflinger for having stepped up as the new Editor of our SSIB Newsletter following Karen Ackroff's retirement. Alicia has done a superb job!

**Patricia Sue Grigson, PhD**  
*President*

## Member Publications

Resent publications by longtime SSIB members:

[Ovarian hormones and obesity](#). Leeners B, Geary N, Tobler PN, Asarian L. Hum Reprod Update. 2017 Mar 2:1-22. doi: 10.1093/humupd/dmw045. [Epub ahead of print] PMID: 28333235

[Ghrelin, CCK, GLP-1, and PYY\(3-36\): Secretory Controls and Physiological Roles in Eating and Glycemia in Health, Obesity, and After RYGB](#).

Steinert RE, Feinle-Bisset C, Asarian L, Horowitz M, Beglinger C, Geary N. Physiol Rev. 2017 Jan;97(1):411-463. doi: 10.1152/physrev.00031.2014. Review. PMID: 28003328

[Estrogenic suppression of binge-like eating elicited by cyclic food restriction and frustrative-nonreward stress in female rats](#).

Micioni Di Bonaventura MV, Lutz TA, Romano A, Pucci M, Geary N, Asarian L, Cifani C. Int J Eat Disord. 2017 Feb 23. doi: 10.1002/eat.22687. [Epub ahead of print] PMID: 28230907

## SSIB Partners with Cardiometabolic Health Congress



OCTOBER 4 - 7, 2017 • BOSTON, MA

We have partnered this year with the Cardiometabolic Health Congress who is offering discounts to our members. See below for additional information and how to register.

The CMHC Regional Conference Series: Focus on Frontline Education is a primary-care focused series that will provide updates on current, new, and emerging therapies, treatment guidelines, and practical strategies to personalize care and empower patients to reduce global cardiometabolic risk and improve clinical outcomes. There will be three regional meetings this year:

- March 25th – Atlanta, GA
- May 7th – San Diego, CA
- [August 12th – Chicago, IL](#)

To receive \$50 OFF any [CMHC Regional Conference](#) use promo code PARTNERREGIONAL2017.

Now in its 12th year, the Cardiometabolic Health Congress is the largest, US-based, multidisciplinary conference focused solely on the management of cardiometabolic risk and the prevention of cardiovascular and metabolic disease. The 3 ½- day event offers today's busy healthcare professionals a one-of-a-kind opportunity to learn real-world solutions they can integrate immediately into their clinical practices.

To receive \$100 OFF the [12th Annual CMHC in Boston](#) use promo code PARTNERBOSTON2017.

## Sensory Science Scholarship

Announcement of 2017-2018  
ROSE MARIE PANGBORN  
SENSORY SCIENCE SCHOLARSHIP

One \$15,000 Sensory Science Scholarship will be awarded for the 2017-2018 academic year to support a Ph.D. student who intends to teach and conduct research in the area of sensory science at the University level. This scholarship is awarded in honor of the memory of Professor Rose Marie Pangborn, who initiated the scholarship fund to encourage the education of Sensory Scientists intending to pursue academic careers.

Applicants for the scholarship must be enrolled in a Ph. D. Program such as Food Science, Nutrition, Psychology or Physiology. The planned or on-going dissertation research must be on a sensory topic under the guidance of a sensory scientist. Candidates will be evaluated on the basis of their academic record, intended research in human sensory science, commitment to a career in teaching in the field of sensory science, and support determined by letters of recommendation. The Board of Directors of the Sensory Science Scholarship Fund (SSSF) will determine policies governing the award and will select recipients.

Applications, including all required documentation must be postmarked no later than June, 10, 2016. For additional information and application forms contact Dr. Rick Mattes, Purdue University, Department of Nutrition Science, 700 W. State St., W. Lafayette, IN 47907-2059, USA Phone - 765-494-0662 FAX - 765-494-0674 email - [mattes@purdue.edu](mailto:mattes@purdue.edu)

Application forms are also downloadable at: <http://www.purdue.edu/hhs/sensorysciencescholarship/>

Past recipients include: Pauline Lestringant, Corinna Noel, Carlos Gomez Corona, Cordelia Running, Nuala Bobowski, Erin Green, Melinda Murray, Michael Nestrud, Karen Ann Lusk (Hein), Gaston Ares, Martha Bajec, John Hayes, Derek Snyder, Cheryl Armstrong, Zuzana Drobna, Terri Rosett, Nicolette van der Klaauw, Sophie Bonnans, Jeannine Delwiche, Liz Gwartney, Thomas Heinbockel, Andrew Smith, Barbara Guggenbühl, Elba Cubero-Castillo, Randy Lee, and Lotika Bhatia Savant.

## Sponsors



## Save The Dates



### **SSIB 2017**

25th Annual Meeting of the  
Society for the Study of Ingestive Behavior  
Montreal, Quebec  
July 18-22, 2017



### **SSIB 2018**

26th Annual Meeting of the  
Society for the Study of Ingestive Behavior  
Bonita Springs, Florida  
July 18-22, 2018



### **SSIB 2019**

27th Annual Meeting of the  
Society for the Study of Ingestive Behavior  
Utrecht, Netherlands  
July 2019