

# SSIB *Intake*

Society for the Study of Ingestive Behavior Newsletter

VOL. XXIII NO. 2

## President's Message

This is shaping up to be a banner year for SSIB. Due to the diligent work by Matt Hayes, his co-chairs Dana Small and Mitch Roitman and their program committee members, we have a wonderful annual meeting to look forward to. You can see the overall program for yourself at [http://www.ssib.org/SSIB\\_2014/index.php?pid=program](http://www.ssib.org/SSIB_2014/index.php?pid=program), but let me give you a few highlights. Our Mars speakers are Michael Schwartz, Barbara Cannon, Julie Mennella and Antonio Rangel. We also have a broad and impressive range of symposia spanning both "Track 1" animal and cell research and "Track 2" human research topics. Abstract submissions are way up this year and, more importantly, we have almost equal numbers of Track 1 (161) and Track 2 (150) submissions for this year's meeting as compared to 2013 (133 Track 1, 46 Track 2), 2012 (146 Track 1, 60 Track 2) and 2011 (130 Track 1, 76 Track 2). This speaks volumes about the incredible efforts of Matt and his team.



**Barry Levin, MD**  
*President, SSIB*

Another important advance over past years is due to the efforts of Tim Bartness who twisted many arms of SSIB past presidents and others to raise almost \$8000, most of which will be used to underwrite additional New Investigator Travel Awards (NITA) for predoctoral students and postdoctoral fellows. This means that we will be able to offer 15 of these awards for the upcoming Seattle meeting. Tim has taken to heart what we often pay only lip service to, i.e. that our students and fellows are the lifeblood of our Society. In addition, as in past years, we will be giving the \$500 Gerard P. Smith Award to the best platform presentation by a predoctoral student and a similar (but unnamed) \$500 award for the best presentation by a postdoctoral student who is within 5 years of their PhD.

This year Ralph Norgren will receive the Distinguished Career Award, which honors a senior investigator who has retired from their academic position and who has made substantial contributions to our understanding of ingestive behavior. Kellie Tamashiro is this year's winner of the Alan N. Epstein Award, which honors an individual who is within 15 years of their highest degree and has made a specific discovery that has advanced the understanding of ingestive behavior. Finally, Alan Spector has won the Hoebel Prize for Creativity, which honors a SSIB member for their exceptional level of creativity and excellence in their research on ingestive behavior. Elsewhere in the newsletter you will find short biographies that describe the contributions of our three honorees, who will each make a presentation at the meeting in Seattle. Finally, as mentioned above, we have 15 NITA winners whose names will be listed in the newsletter and on our website. They too will give presentations at our annual meeting. Congratulations to all our awardees.

You may have noticed that we have a new feature on our web site called "Ingestive Classics". The purpose of this section is to have senior members of SSIB who have a broad perspective in ingestive behavior and related fields pick what they consider to be a "classic" paper that has played a major role in shaping their research and

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## From the Editor

Welcome to the Spring 2014 issue of INTAKE. I've taken over from Susan Aja, and I'd like to thank her for capably overseeing the newsletter for the past 6 years. She's done a great job gathering the information and working with our team at SPLtrak to produce a quality publication. If my name seems familiar to long-time members, it may be because I've edited this letter before, back when it was called "SSIBlings", from 1990 to 1999. I'm looking forward to working with everyone so that the newsletter continues to be a useful source of information.



**Karen Ackroff, PhD**  
*Editor, SSIB Intake*

Barry has updated us on the Seattle meeting. The early registration deadline is May 15, and you'll receive \$100 off if you book your room at the Westin hotel and provide the confirmation number when registering for the meeting. There's a link to the hotel reservation site on our meeting reservation web page.

While you're on the SSIB site, take a look at the Ingestive Classics series. This expanding collection of papers and the accompanying commentaries promises to provide an outstanding history of thought in ingestive behavior, and a provocative reminder of the methods of productive science.

In these pages, I'll provide another part of history, taking advantage of past issues of the newsletter to offer some notes on where we've been as a society. Borrowing a concept from a column I've enjoyed in Scientific American, I'll look back 25 years and report on what we were doing back then.

As Barry noted, we will be honoring three people who are part of our collective history for their scientific contributions, and short bios appear in this issue. You can also see a list of the New Investigator Travel Award recipients. Please join us at the meeting to celebrate their accomplishments. See you in Seattle!

### *In This Issue*

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## Membership Committee

### SSIB membership remains strong

I am pleased to announce that we received 66 new member applications in the first quarter of 2014. Most of these (~80%) are from students and postdocs who represent the future of SSIB. This brings our total number of paid members to almost 400 (213 regular members). This number only includes members with up-to-date dues payments and we often see dues payments just before meeting registration deadlines, so the count is likely to increase some by the time of the annual meeting. This is encouraging news for our future, but we should remain eager to bring new members into our SSIB family.

### Recruit a new member today and discount your dues

The SSIB will continue to offer a 50% reduction of your membership dues if you recruit a new Regular member this year (limit of one member per year). Contact the SSIB administrative office (ssib@ssib.org) with the name of your recruited new member and your discount will be applied the next time you renew your membership.

### Encourage lab members to join

Are all of your students and postdocs members of SSIB? If not, please encourage them to join the Society and benefit from the following:

- Reduced registration for the Annual Meeting
- Eligibility for New Investigator Travel Awards and other SSIB awards
- Involvement in the Society through participation in the Board and other committees
- Access to members only areas of the website, which includes job postings and the membership directory

-- Derek Daniels, PhD



**Derek Daniels, Ph.D.**  
*SSIB Secretary and  
Membership Chair*

## President's Message

(continued from page 1)

the field in general. Both the commentaries and the papers are posted on our web site. The plan is to have new ones posted every 4-6 weeks which will be available to all, both SSIB members and non-members. Nori Geary has spearheaded this effort which, to date, has been well received. I want to thank him for his tireless efforts in making this web site a success and also those who have contributed commentaries. To my knowledge, there is nothing quite like this on any other organization's web site. It represents a unique opportunity to mine the collective experience of our senior members. I hope you will all take advantage of the opportunity to read these unique commentaries.

While we give awards to specific outstanding members, we rarely recognize the people who do the hard work of making SSIB a success. In addition to the enormous thanks we all owe the Program Committee for all of their work, I want to acknowledge and thank all the officers, members of the SSIB Board of Directors and the members of other committees and their chairs. They are all volunteers with busy jobs who have selflessly given of their time and expertise and we owe them a debt of gratitude. I hope that all of you will consider serving in these positions in the future since this is your Society and it would not exist without you. There is another group of individuals without whom SSIB could not function. Jamie Price, Adam Kohm and Tracy Tarant of SPLtrak have worked tirelessly to keep the SSIB machinery moving. They have been incredibly responsive to all of our needs and have served as invaluable advisors in virtually all areas of SSIB's business operations. In addition, they have selflessly built a new web site for SSIB, a huge endeavor for which they asked no remuneration. This is absolutely unique in all my years of experience dealing with similar organizations. We all owe them a tremendous debt of gratitude for their professionalism and generosity.

Finally, I have a few items to round out this letter. First, this year we will again be presenting a SSIB symposium at Obesity Week. Last year's symposium was a real success and drew an SRO crowd. Matt Hayes and the program committee are putting together a proposal for this year's symposium which I am sure will be equally as successful as last year's. Second, the Board of Directors felt that it might be time to replace the old SSIB logo that appears on our web site, program booklet and other sites. We have an ongoing contest to encourage submission of new, original ideas which we hope will draw on the talents of our members. Please, all of you with an artistic bent, consider submitting a design for this contest. Last, but not least, SSIB is highly dependent on the support of industry groups who provide donations, exhibit at our annual meetings and advertise on our website and annual meeting program book. The difficult financial times have meant that many companies have been reluctant to offer such support. I ask all of you with industry ties to please contact me with the names of individuals at companies with which you interact so that I can appeal to them, either directly or through you, to help support SSIB.

So, in a few short months we will all meet in Seattle. If you haven't been, it's a beautiful city with lots of opportunities for pre- and post-meeting activities. I look forward to seeing all of you there.

-- Barry Levin, MD



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SSIB Intake welcomes letters to the editor. All material submitted for consideration is subject to editing and condensation. Advertising rates are available from the SSIB central office.

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## Awards

### The Distinguished Career Award: Ralph Norgren



**Ralph Norgren, PhD**

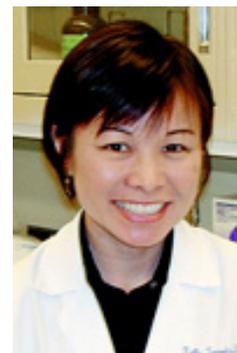
Ralph Norgren received a B.A. in Psychology from the University of Pennsylvania (1965). In his senior year he did research with Paul Rozin and worked for Phillip Teitelbaum. From Penn he went to the University of Michigan to do graduate work in the laboratory of James Olds. After receiving a Ph.D. at Michigan (1969), he did postdoctoral work at The Rockefeller University with Carl Pfaffmann. Dr. Norgren remained on the faculty of The Rockefeller University until 1983 when he moved to the College of Medicine of The Pennsylvania State University where he eventually earned the honored rank of University Distinguished Professor of Neural and Behavioral Sciences. Dr. Norgren's research over the span of his career represents a collage of the training he received from his mentors and he, in turn, helped to nurture the scientific development of 36 postdoctoral fellows and 3 graduate students from all over the world, many of whom have gone onto to have exceptionally successful careers themselves.

Since 1966 his research has been continuously funded by the National Institutes of Health with additional grants from the National Science Foundation and the State of Pennsylvania. He received three NIMH Career Scientist Awards, two NIH Fogarty International Fellowships for research in France, and two fellowships from Japan for research sojourns there. He was elected President of the Society for the Study of Ingestive Behavior and President of the Faculty Organization of the Penn State College of Medicine. He received an Honorary Doctorate from the Toyama Medical and Pharmaceutical University (Japan), a Claude Pepper Award from the NIDCD, an Award for Research in Taste from the Association for Chemoreception Sciences, the Manheimer Award from the Monell Chemical Senses Society, the Howard Palmer Faculty Mentoring Award (Penn State), and the Postdoctoral Mentoring Award from the Penn State University College of Medicine. He served for more than a decade on NIH Study Sections. He is an author of over 150 articles, chapters, and edited volumes. Over his career, Dr. Norgren and his coworkers rigorously blazed the taste pathways of the brain and contributed to our current understanding of their functional significance.

-- Alan Spector, PhD

### The Alan N. Epstein Award: Kellie Tamashiro

Dr. Kellie Tamashiro received her master's degree from the University of Hawaii, where she characterized the metabolic phenotype of the first cloned mice, demonstrating that mice become obese and develop metabolic syndrome. Dr. Tamashiro then went on to receive a Ph.D. at the University of Cincinnati, where she developed a novel paradigm to assess how chronic stress affects metabolic phenotype. As a postdoctoral fellow, she developed a novel model of prenatal stress to examine long-term consequences on offspring and how these may be mediated by epigenetic changes. Indicative of how she has shaped the environments in which she has worked, all of her mentors continue collaborations with her and this is evident in her publication record. As an assistant and associate Professor at Johns Hopkins Kellie continues to evaluate the impact of stress and epigenetic influences on ingestive behavior, anorexia nervosa, metabolism and body weight regulation. Kellie has been fortunate enough to receive numerous research grants from the NIH and research foundations, as well as serve on numerous editorial boards, grant review study sections, and in society leadership roles. Dr. Tamashiro's work continues to drive the ingestive behavior field forward by focusing our collective attention on the critical role that maternal and early-life environmental influence can have on neuroendocrine development and metabolic health.



**Kellie Tamashiro, PhD**

-- Matthew Hayes, PhD

### The Hoebel Prize for Creativity: Alan Spector



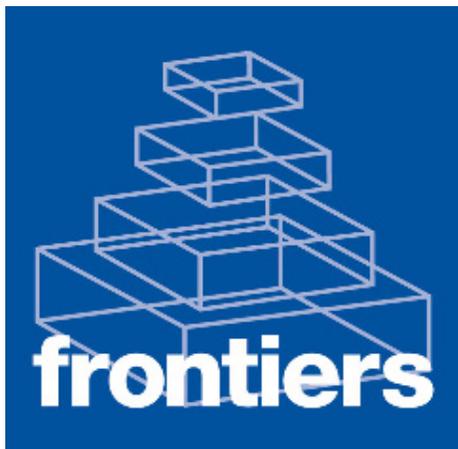
**Alan Spector, PhD**

Alan Spector will receive this year's Hoebel Prize for Creativity. The prize honors an SSIB member at any career stage for exceptional creativity and Alan is undoubtedly deserving. Alan's credentials are outstanding. He is currently a Professor in the Florida State University Department of Psychology and Program in Neuroscience. He is an author on more than 100 papers, has nearly four pages of invited lectures on his CV (normal sized pages, with normal-sized font), and is an elected fellow of the American Psychological Society, the American Psychological Association, and the American Association for the Advancement of Science. What makes Alan truly deserving of the Hoebel Prize is his incredible creativity. One supporter of Alan's nomination wrote, "Dr. Spector is a psychophysicist and his subjects are animals. In Psychology, a more difficult subfield may not exist. Even with human subjects, psychophysics is difficult; with animals, I consider it magic." Alan mastered and demystified this magic act by creating and using several generations of the 'gustometer.' Simply developing this technology could be considered worthy of the Prize, but Alan's use of the technology to study a range of issues puts him among the elite few who are undeniably worthy of this Prize.

-- Derek Daniels, PhD

## News to Note

Dr David B Allison has been selected as the 2014 W.O. Atwater Lecturer by the United States Department of Agriculture's Agriculture Research Service. This lecture was established to recognize scientists who have made unique contributions toward improving the diets and nutrition of people around the world. The lecture will be presented during Experimental Biology 2014 in San Diego on April 26-30.



Frontiers in Eating Behavior is an open-access journal, launched in February 2013. It covers diverse aspects of eating behavior and, accordingly, is listed under a number of Frontiers Field Journals: Frontiers in Psychology, Frontiers in Psychiatry, and Frontiers in Nutrition. The journal, therefore, welcomes submissions from basic science on eating behavior as well as clinical studies, human as well as animal studies, and studies from psychological as well as physiological and nutritional perspectives. More than 100 scientists from around the world are already involved as associate and review editors and all members of the SSIB are encouraged to join the Frontiers network and to participate in the journal. Frontiers is one of the largest open-access publishers and sets itself apart by a strong IT focus, interactive peer review, and openness to numerous article types. For more information about Frontiers in Eating Behavior such as indexing or publishing fees, please visit [www.frontiersin.org/eating\\_behavior](http://www.frontiersin.org/eating_behavior).

*(Editor's note: A link to this journal and others is on the SSIB web site. Go to [www.ssib.org](http://www.ssib.org), click on the Resources tab and select Journals.)*

### Get "LinkedIn" to SSIB

Linda Rinaman (SSIB Past-President) recently set up a LinkedIn group, and sent email invitations to all current SSIB members to join. If you didn't receive an invitation, or deleted it, and would like to join, you still can do so! You first have to establish a free LinkedIn account (just Google it as a search term), and then you can join the SSIB group. We currently have 100 members, but there's plenty of room for more. The goal of the LinkedIn group is to provide a simple, easy-to-use, opt-in/opt-out venue for sharing ideas, questions, internet postings, or other content for perusal and commentary by researchers working in "ingestive behavior", broadly defined. I encourage you to check it out and post your own content! You can personalize your own settings to control the quantity and types of notifications you receive, to satisfy your own tastes. Email Linda Rinaman if you have any questions ([rinaman@pitt.edu](mailto:rinaman@pitt.edu)). Let's get LinkedIn!

## Rose Marie Pangborn Sensory Science Scholarship

One \$15,000 Sensory Science Scholarship will be awarded for the 2014-2015 academic year to support a Ph.D. student who intends to teach and conduct research in the area of sensory science at the University level. This scholarship is awarded in honor of the memory of Professor Rose Marie Pangborn, who initiated the scholarship fund to encourage the education of Sensory Scientists intending to pursue academic careers.

Applicants for the scholarship must be enrolled in a Ph. D. Program such as Food Science, Nutrition, Psychology or Physiology. The planned or on-going dissertation research must be on a sensory topic under the guidance of a sensory scientist. Candidates will be evaluated on the basis of their academic record, intended research in human sensory science, commitment to a career in teaching in the field of sensory science, and support determined by letters of recommendation. The Board of Directors of the Sensory Science Scholarship Fund (SSSF) will determine policies governing the award and will select recipients.

Applications, including all required documentation must be postmarked no later than May 16, 2014. For additional information and application forms contact Dr. Rick Mattes, Purdue University, Department of Nutrition Science, 700 W. State St., W. Lafayette, IN 47907-2059, USA Phone - 765-494-0662 FAX - 765-494-0674 email - [mattes@purdue.edu](mailto:mattes@purdue.edu) Application forms are also downloadable at: <http://www.purdue.edu/hhs/sensorysciencescholarship/>

Past recipients include: Cordelia Running, Nuala Bobowski, Erin Green, Melinda Murray, Michael Nestrud, Karen Ann Lusk (Hein), Gaston Ares, Martha Bajec, John Hayes, Derek Snyder, Cheryl Armstrong, Zuzana Drobna, Terri Rosett, Nicolette van der Klaauw, Sophie Bonnans, Jeannine Delwiche, Liz Gwartney, Thomas Heinbockel, Andrew Smith, Barbara Guggenbühl, Elba Cubero-Castillo, Randy Lee, and Lotika Bhatia Savant.

## Member Review Articles

Most of these were submitted in response to an emailed request for cites of reviews published in 2013 and 2014. Some of these citations appeared in prior issues of INTAKE as "in press" and are repeated to provide the full citation. A few members submitted citations that have already been reported in full in prior issues.

**Andrade CAF, Andrade-Franzé GM, De Paula PM, De Luca LA Jr, Menani JV.** Role of  $\alpha 2$ -adrenoceptors in the lateral parabrachial nucleus in the control of body fluid homeostasis. *Braz J Med Biol Res.* 2014; 47(1): 11-8. doi: 10.1590/1414-431X20133308.

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**Khan, AM.** Controlling feeding behavior by chemical or gene-directed targeting in the brain: what's so spatial about our methods? *Front Neurosci.* 2013; 7 (Article 182):1-49.

**Kissileff HR, Ladenheim E.** The evolution of the Society for the Study of Ingestive Behavior (SSIB). *Physiol Behav.* 2013; 121: 3-9.

**Kissileff HR.** Translational research and the 40th anniversary symposium of the Columbia University Seminar on Appetitive Behavior. *Appetite* 2013; 71: 438-9.

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**Wadhwa D, Capaldi-Phillips ED. (2014).** A review of visual cues associated with food on food acceptance and consumption. *Eating Behav.* 2013; 15(1): 132-143.

**Woods SC.** Metabolic signals and food intake. Forty years of progress. *Appetite* 2013; 71: 440-4.

# Congratulations to the 2014 New Investigator Awardees!

**Alison Boxwell**  
Ohio State University

**Mary Burke**  
Yale University

**Jackson Cone**  
University of Illinois

**Geraldine Coppin, Ph.D.**  
Yale University

**Zachary Cordner**  
Johns Hopkins University

**Naomi McKay**  
State University of New York, Buffalo

**Brandon Roberts**  
Washington State University

**Charlotte Ronveau**  
University of California, Davis

**Chelsea Rose**  
Pennsylvania State University

**Wendy Stein**  
Pennsylvania State University

**Nicola Buckland, Ph.D.**  
University of Leeds

**Stephen Kentish, Ph.D.**  
University of Adelaide

**Jean-Phillipe Krieger**  
Swiss Federal Institute of Technology

**Shin Lee, Ph.D.**  
Swiss Federal Institute of Technology

**Thomas Ridley-Siegert**  
University of Sussex

## 25 Years Ago: SSIB History

Our Society, as many have noted, has matured since its founding 27 years ago. That process has been well documented in the history article written by Harry Kissileff and Ellen Ladenheim (see Member Review Articles in this issue for the citation). INTAKE will occasionally present a bit of SSIB's past, drawn from the pages of the newsletter.

Before we began independent annual meetings, SSIB met in conjunction with the Eastern Psychological Association and the Society for Neuroscience. In his President's message, Steve Woods noted that Robin Kanarek, who organized the SSIB meeting at EPA, "...even provided a birthday cake to commemorate SSIB's first two years." In 1989, many SSIB members attended the International Congress on the Physiology of Food and Fluid Intake in Paris, which led to the decision to reduce that year's SSIB presence at SfN.

SSIB was growing rapidly during this period. According to reports by Membership Committee chair Carol Maggio, there were 288 regular and 40 student members as of the November 1988 meeting, and this number grew to 361 regular and 47 student members by March 1989. At that point membership was still strongly North American, with 81% from the US and 10% from Canada.

Not surprisingly, this period was marked by "firsts". Some of the Society's awards originated during this time: the Distinguished Career award and travel awards for new investigators. At the time, SSIB's business was conducted by postal mail; the newsletter was printed and mailed, representing a substantial cost in time and money. The first mention of e-mail appeared in the February 1989 issue, and in June Steve Woods wrote about his experiences. One point he made then, which resonates in our over-wired present: "The biggest obstacle I had to overcome was a sort of inertia. My initial experience was not to check my E-mail system routinely. After all, there is no ring or other signal such as a phone provides, such that one cannot know if a message is available without completing a complex ritual of gaining access to the system (not always easy at peak times...) and checking; and there's no fixed time for the arrival of messages (such as for conventional mail), such that one rapidly goes onto a (somewhat lean, in my instance) variable ratio schedule of reinforcement." The same issue featured an article by Tony Sclafani detailing how to use e-mail, promoting its advantages for communication.

Another first was also described by Steve Woods: "In part because the society is already quite complex and successful in terms of its activities... the Board opted to create the position of SSIB Executive Officer, ...an individual who can assist new officers, make transitions smoother, and serve as a visible and relatively stable spokesperson for SSIB in certain of its dealings. Appropriately, the Board appointed Harry Kissileff as its first Executive Officer."

Steve ended that letter: "...SSIB has come a long way in a short period of time. This could only have been accomplished with the energy of a considerable number of quite dedicated individual members. This is our major strength and I hope it continues and expands in the future."

-Karen Ackroff, Ph.D.  
Editor

# SSIB Logo Contest

## DEADLINE EXTENDED

In keeping with the revision of the SSIB website, the Board of Directors have decided that it is time to have a new logo for SSIB. We have a lot of creative people among our members so we decided to have a contest whereby members can submit their suggestions for a new logo design.

### Note: We want to see your ideas.

Don't be shy if you have an idea but are not artistically inclined: get a sketch in and we'll work with it.

- Logo submissions should (ideally) be submitted in either JPG or PNG format. The winning submission will also need to provide the original artwork file.
- Please do not include any copyrighted images or likeness in the submissions.
- All submissions should be emailed to [info@ssib.org](mailto:info@ssib.org) by JULY 1, 2014.
- Submissions will be reviewed by the SSIB board and considered as a replacement for the current SSIB logo.
- The winning design will be announced at the SSIB 2014 Annual Meeting in Seattle, Washington.

## Who Will Review YOUR Next Grant Submission?

Ideally, your research proposal will be reviewed by investigators with the requisite background, experience, and insight to appreciate the significance of your scientific questions and the soundness of the experimental approaches you will use to address them. We all want these ideal reviewers for our applications. As the premier international society for basic and clinical research on ingestive behavior and energy balance, SSIB is a rich repository for such reviewers. If you are invited to serve as a grant reviewer for the NIH or other funding agency, please be ready to answer the call, and be generous with your time and talents. The diligent work of our experienced and dedicated SSIB members serves all of our interests by ensuring the future of ingestive research.

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